

Evenbetternow® offers the highest quality and highest-performing sodium bentonite clay available. Long thought of as a natural remedy, sodium bentonite is known as one of the most cleansing and detoxifying substances on earth, and is said to have numerous therapeutic benefits for wellness and beauty.

INGREDIENTS

100% USP, NF pure sodium bentonite clay, from the mountains of Wyoming, USA, with no added fillers, binders, excipients, emulsifiers, or ANY chemicals.

INSTRUCTIONS FOR TUB BATHS

1. Measure ½ – 2 cups of dry clay powder with the enclosed scoop (one scoop = ½ cup).
Avoid breathing in clay dust powder – use of a dust mask is recommended.
2. Secure the plug and begin running the bath water (hot). Carefully sprinkle the dry clay powder over the surface of the water.
Using a non-metal stirring utensil, thoroughly mix the clay into the bath water.
3. For best results and minimal to no clumping, allow the clay to hydrate by letting it sit in the tub for 10-15 minutes.
4. Add more hot water, if necessary. Temperature of the bath water should be comfortably warm, but not too hot.
5. Submerge as much of your body in the tub as possible for 10 – 20 minutes.
6. No need to rinse off, just dry off and moisturize if desired.
7. After the bath, drink plenty of water and/or an electrolyte drink.
8. Clay may be rinsed down the drain, if clay water is lump-free. Rinse the clay water down the drain with plenty of cool running water.
9. Clay baths may be taken one or more times per week.

INSTRUCTIONS FOR FOOT BATHS

1. Measure ½ to 2 cups [1 – 4 scoops] of dry clay powder.
2. Fill a non-metal bucket with hot water. Place the clay in the water and stir thoroughly with a non-metal utensil.
3. For best results and minimal to no clumping, allow the clay to hydrate for 5-10 minutes prior to use.
4. Add more hot water if necessary.
5. Immerse the feet in the bucket of clay water for 10 – 40 minutes. Periodically add more hot water, if necessary.
6. Foot baths may be taken 2 – 3 times per week.

Proudly Made and
Distributed in the USA by:

Evenbetternow, LLC
Tucson, AZ
www.evenbetternow.com

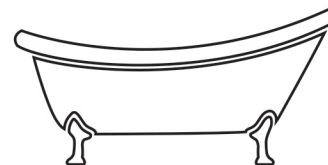


Explanation of Prop 65 –
Clay contains quartz (crystalline silica),
which when inhaled from occupational
sources, can cause lung cancer in
humans. Prolonged inhalation of
clay dust may be harmful – use
of a dust mask is recommended.

evenbetternow
natural health solutions

DETOX

CLEANSING CLAY BATH SOAK



100% Pure, Premium Therapeutic-Grade
SODIUM BENTONITE CLAY

for

Tub Baths and Foot Soaks

Hypoallergenic • No Added Ingredients • Safe and Effective

NET WT. 5.5 lb (88 oz) or 2.49 kg

BENEFITS OF AN EVENBETTERNOW DETOX CLAY BATH SOAK

- When wet, clay attracts toxins from the skin, due to its high negative ionic surface charge.
- Environmental contaminants are cleansed through the pores of the skin, allowing years of accumulated pollutants to be released safely and effortlessly into the tub.
- A gentler, faster, easier and more effective detox with few or no detox reactions, compared to protocols that require processing impurities through the internal organs of elimination.
- Inexpensive and cost-effective, with no costly equipment or dietary supplements required.
- Provides relief of occasional body aches and muscle soreness.
- Is rich in minerals like calcium, magnesium and silica, which help to nourish the skin.
- Softens and transforms the skin within minutes!

CAUTIONS

- Read instructions prior to use.
- Do not inhale clay dust. Use of a dust mask is recommended when measuring and stirring the clay.
- Do not use in jacuzzis, hot tubs or jetted spa tubs.
- Keep dry clay out of reach of children.
- Clay baths may be slippery. Use caution when entering or exiting the tub.

FEATURES OF EVENBETTERNOW SODIUM BENTONITE CLAY

- Highest cation exchange capacity (89 – 107 meq) of any bathing clay on the market, for maximum pulling power of environmental pollutants.
- Smallest particle size equals the highest absorption of impurities (up to 15 times), when hydrated.
- Non-clumping clay, when used as directed.
- Purified clay which is guaranteed to be free of bacteria, yeast and molds; important for those with environmental sensitivities, chronic illnesses, or a weakened immune system.
- Disperses easily in water, due to its small particle size.
- No special mixing equipment or drain guard required.
- Easy clean up and won't stain the tub.
- Safe to use for people of all ages and health conditions.
- Safe for septic systems if clay is lump -free when draining. Consult your septic system provider prior to use to ensure that flushing clay water down the drain does not void any warranty.

- Clay baths may result in detox reactions such as nausea, fatigue, skin rashes, or vomiting (rare). If any of these symptoms occur, exit the tub immediately. Symptoms should pass within half an hour, and are not dangerous.
- Keep away from strong chemicals or odors.
- Store away from extreme heat or direct sunlight in a non-metal container.
- Discontinue use if irritation occurs.